

## 1976 Region 7A Girls - Friday, May 28th at Grand Rapids

**Teams:** Hermantown 58, Hinckley 40, Deer River 30, Esko 28, North Branch 27, Gilbert 26, Rush City 25, Duluth Cathedral 23, McGregor 22, Babbitt 22, Silver Bay 20, Tower-Soudan 16, Wrenshall 16, Eveleth 14, Ely 13, Askov 12, Mountain Iron 12, Grand Marais 10, Sandstone 9, Buhl 8, Chisholm 8, Hill City 8, Cherry 7, Cromwell 4, Bigfork 2, Biwabik 2, Pine City 1, Cotton 1.

### 110 Yd Hurdles

- 1 Melanie Miller, Wren 16.4
- 2 Mary Dimich, Babb
- 3 Patty Davidson, Hermant
- 4 Mary Gebhart, McG
- 5 Cindy Sheely, Hermant
- 6 Jane Kunstel, Ely

### 100 Yd Dash

- 1 Julie Vandermillen, Cathed 11.9
- 2 Laurie Kral, HC
- 3 Sandy Burgraff, Esko
- 4 Jodi Bloom, Hermant
- 5 Teresa Grossell, DR
- 6 Shirley Jobe, Cromw

### Mile Run

- 1 Lynelle Johnson, Hinck 5:31.3
- 2 Tammy Benson, NB
- 3 Sue Fransen, RC
- 4 Sue McDonald, Chish
- 5 Lori Bodine, Babb
- 6 Judy Cox, McG

### 880 Yd Relay

- 1 Hermantown 1:49.1
- 2 Esko
- 3 Gilbert
- 4 Silver Bay
- 5 North Branch
- 6 Pine City

### 440 Yd Dash

- 1 Debbie Toftey, Gr M 61.4
- 2 Kathy Merkel, Eve
- 3 Mary Butler, NB
- 4 Dawn Eddy, Babb
- 5 Bonnie Klar, Hinck
- 6 Sue Jarvi, DR

### 180 Yd Hurdles

- 1 Teresa Grossell, DR 24.0
- 2 Patty Davidson, Hermant
- 3 Melanie Miller, Wren
- 4 Jane Kunstel, Ely
- 5 Barb Jobe, Cromw
- 6 Mary Gebhart, McG

### 440 Yd Relay

- 1 Hermantown 51.1
- 2 Buhl
- 3 Gilbert
- 4 Mountain Iron
- 5 Silver Bay
- 6 Moose Lake

### 880 Yd Run

- 1 Kathy Seedorf, Hinck 2:25.6
- 2 Joan Quillen, Hermant
- 3 Cheryl Peterson, McG
- 4 Kathy Frandson, RC
- 5 Kathy Weiss, Gilb
- 6 Anna Schmidt, NB

### 220 Yd Dash

- 1 Sandy Burgraff, Esko 26.5
- 2 Julie Vandermillen, Cathed
- 3 Julie Abrahamson, T-S
- 4 Kathy Stadler, SB
- 5 Jane Kunstel, Ely
- 6 Shirley Jobe, Cromw

### Two Mile Run

- 1 Sherry Mortenson, Hinck 11:40.9
- 2 Pam Johnson, Hinck
- 3 Carolyn Fahey, Gilb
- 4 Sue Palmquist, Chish
- 5 Kris Cordes, NB
- 6 Deb Leonazel, Cathed

### Mile Relay

- 1 Rush City 4:16.9
- 2 Babbitt
- 3 Gilbert
- 4 Esko
- 5 Askov
- 6 Deer River

### Shot Put

- 1 Sally Tavernier, SB 34-2.5
- 2 Sylvia Carlson, Sandst
- 3 Cindy Zupanich, Ely
- 4 Geralyn Heikkenen, T-S
- 5 Ivi Johnson, Bigf
- 6 Sharon Carlson, Sandst

### Discus Throw

- 1 Jane Wargin, Hermant 106-11
- 2 Tammy Wassman, NB
- 3 Paula Quick, T-S
- 4 Frances Nason, DR
- 5 Star Kee, Biwab
- 6 Mary McKay, Cott

### Long Jump

- 1 Diane Piri, DR 16-0.25
- 2 Karen Floe, McG
- 3 Carolyn Pavelich, Eve
- 4 Julie Vandermillen, Cathed
- 5 Teresa Grossell, DR
- 6 Sue Frandsen, RC

### High Jump

- 1 Sandy Ball, Askov
- 2 Karen Swanson, Mt Iron
- 3 Jean Packa, Cherry
- 4 Sally Goebel, RC
- 5 Karen Floe, McG
- 6 Heather Nelson, Cherry

**Notes:** Hermantown was coached by Betty McCall.